

| Gren | Namn | Ålder | Tid | Året tiden slogs |
|-------------|----------------------|-------|---------|------------------|
| 50m Frisim | | | | |
| 1. | Lovisa Sjöholm | 2006 | 27:34 | 2022 |
| 2. | My Rydgren | 1999 | 27:39 | 2020 |
| 3. | Anna Lindberg | 1973 | 27:58 | 1988 |
| 4. | Helena Wikander | 1979 | 27:80 | 1998 |
| 5. | Therese G Olsson | 1980 | 27:94 | 1998 |
| 6. | Anna Wernersson | 1981 | 27:97 | 1998 |
| 7. | Gabriella Henriksson | 2000 | 28:29 | 2016 |
| 8. | Tyra Hjorth | 2005 | 28:40 | 2021 |
| 8. | Anna Hällkvist | 1981 | 28:40 | 1999 |
| 10. | Annika Brodén | 1971 | 28:50 | 1988 |
| 100m Frisim | | | | |
| 1. | Helena Wikander | 1979 | 59:63 | 1998 |
| 2. | Anna Lindberg | 1973 | 1:00:30 | 1988 |
| 3. | Lovisa Sjöholm | 2006 | 1:00:58 | 2022 |
| 3. | Gabriella Henriksson | 2000 | 1:00:58 | 2016 |
| 5. | Annika Brodén | 1971 | 1:01:06 | 1987 |
| 6. | Anna Hällkvist | 1981 | 1:01:25 | 1997 |
| 7. | Theresia Olin | 1980 | 1:01:33 | 1994 |
| 7. | Anna Wernersson | 1981 | 1:01:33 | 1998 |
| 9. | Emma Ströby-Stepan | 2010 | 1:01:45 | 2023 |
| 10. | Therese G Olsson | 1980 | 1:01:49 | 1998 |
| 200m Frisim | | | | |
| 1. | Emma Ströby-Stepan | 2010 | 2:12:34 | 2023 |
| 2. | Annika Brodén | 1971 | 2:12:50 | 1987 |
| 3. | Helena Wikander | 1979 | 2:12:56 | 1998 |
| 4. | Anna Lindberg | 1973 | 2:13:10 | 1987 |
| 5. | Therese G Olsson | 1980 | 2:13:69 | 1998 |

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|--------------|----------------------|------|----------|------|
| 6. | Theresia Olin | 1980 | 2:13:75 | 1994 |
| 7. | Anna Wernersson | 1981 | 2:14:35 | 1999 |
| 8. | Malin Thulin | 1982 | 2:14:67 | 1999 |
| 9. | Gabriella Henriksson | 2000 | 2:15:12 | 2017 |
| 10. | Lovisa Sjöholm | 2006 | 2:15:77 | 2022 |
| 400m Frisim | | | | |
| 1. | Anna Lindberg | 1973 | 4:32:30 | 1988 |
| 2. | Theresia Olin | 1980 | 4:39:59 | 1996 |
| 3. | Emma Ströby-Stepan | 2010 | 4:41:11 | 2023 |
| 4. | Kerstin Ekdahl | 1960 | 4:43:10 | 1975 |
| 5. | Anna Wernersson | 1981 | 4:44:86 | 1999 |
| 6. | Sofie Persson | 1973 | 4:47:21 | 1986 |
| 7. | Lovisa Sjöholm | 2006 | 4:49:25 | 2022 |
| 8. | Anna Hällkvist | 1981 | 4:50:00 | 1997 |
| 9. | Anna Johansson | 1968 | 4:51:00 | 1985 |
| 10. | Tyra Hjorth | 2005 | 4:52:17 | 2021 |
| 800m Frisim | | | | |
| 1. | Anna Lindberg | 1973 | 9:18:24 | 1988 |
| 2. | Theresia Olin | 1980 | 9:29:81 | 1996 |
| 3. | Kerstin Ekdahl | 1960 | 9:35:54 | 1975 |
| 4. | Malin Thulin | 1982 | 9:46:68 | 2000 |
| 5. | Sofie Persson | 1973 | 9:46:86 | 1986 |
| 6. | Emma Ströby-Stepan | 2010 | 9:49:69 | 2023 |
| 7. | Anna Johansson | 1968 | 9:51:60 | 1984 |
| 8. | Anna Wernersson | 1981 | 9:56:89 | 1998 |
| 9. | Lovisa Sjöholm | 2006 | 10:00:49 | 2023 |
| 10. | Ida Carlsson | 1982 | 10:10:76 | 1996 |
| 1500m Frisim | | | | |
| 1. | Kerstin Ekdahl | 1960 | 18:34:70 | 1975 |
| 2. | Lovisa Sjöholm | 2006 | 18:50:80 | 2023 |

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|----------------|--------------------|------|----------|------|
| 3. | Emma Ströby-Stepan | 2010 | 19:01:90 | 2023 |
| 4. | Tyra Hjorth | 2005 | 19:28:85 | 2021 |
| 5. | Jennie Johansson | 2001 | 19:55:41 | 2019 |
| 6. | Alice Bengtsson | 2000 | 19:58:38 | 2017 |
| 7. | Ellen Byrlén | 1989 | 20:03:14 | 2005 |
| 8. | Anna Andersson | 1992 | 20:20:20 | 2006 |
| 9. | Anna Johansson | 1968 | 20:31:20 | 1982 |
| 10. | Kajsa Fritz | 1993 | 21:05:93 | 2006 |
| 50m Bröstsims | | | | |
| 1. | Lovisa Sjöholm | 2006 | 33:96 | 2022 |
| 2. | Elina Fors | 1981 | 34:43 | 1996 |
| 3. | Malin Thulin | 1982 | 34:79 | 1999 |
| 4. | My Rydgren | 1999 | 35:17 | 2021 |
| 5. | Desireé Nöbbelin | 1991 | 35:23 | 2007 |
| 6. | Ida Carlsson | 1982 | 36:41 | 1997 |
| 7. | Frida Nordqvist | 1982 | 36:54 | 1996 |
| 8. | Therese G Olsson | 1980 | 36:70 | 1998 |
| 9. | Belinda Vedlugaite | 2000 | 37:19 | 2019 |
| 10. | Jennie Johansson | 2001 | 37:23 | 2019 |
| 100m Bröstsims | | | | |
| 1. | Malin Thulin | 1982 | 1:13:24 | 2000 |
| 2. | Lovisa Sjöholm | 2006 | 1:13:68 | 2022 |
| 3. | Elina Fors | 1981 | 1:14:82 | 1995 |
| 4. | Desireé Nöbbelin | 1991 | 1:15:56 | 2007 |
| 5. | Anna Nilsson | 1982 | 1:18:80 | 1995 |
| 6. | Ida Carlsson | 1982 | 1:19:11 | 2000 |
| 7. | Pernilla Johansson | 1971 | 1:19:12 | 1985 |
| 8. | Belinda Vedlugaite | 2000 | 1:19:39 | 2018 |
| 9. | Therese G Olsson | 1980 | 1:19:47 | 1998 |
| 10. | Anita Andersson | 1960 | 1:21:30 | 1977 |

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|----------------|----------------------|------|---------|------|
| 200m Bröstsimm | | | | |
| 1. | Malin Thulin | 1982 | 2:37:12 | 2000 |
| 2. | Lovisa Sjöholm | 2006 | 2:40:24 | 2022 |
| 3. | Elina Fors | 1981 | 2:44:96 | 1995 |
| 4. | Desireé Nöbbelin | 1991 | 2:45:20 | 2006 |
| 5. | Pernilla Johansson | 1971 | 2:45:41 | 1986 |
| 6. | Therese G Olsson | 1980 | 2:49:74 | 1997 |
| 7. | Belinda Vedlugaite | 2000 | 2:50:39 | 2018 |
| 8. | Theresia Olin | 1980 | 2:51:57 | 1994 |
| 9. | Ida Carlsson | 1982 | 2:54:84 | 2000 |
| 10. | Sofia Carlsson | 1979 | 2:55:35 | 1994 |
| 50m Ryggsimm | | | | |
| 1. | Anna Nilsson | 1982 | 31:34 | 1996 |
| 1. | Anna Hällkvist | 1981 | 31:34 | 1998 |
| 3. | Ida Carlsson | 1982 | 31:85 | 1997 |
| 4. | Therese G Olsson | 1980 | 31:91 | 1998 |
| 5. | Tyra Hjorth | 2005 | 32:78 | 2023 |
| 6. | Gabriella Henriksson | 2000 | 32:88 | 2017 |
| 7. | Theresia Olin | 1980 | 32:97 | 1995 |
| 8. | Emma Ströby-Stepan | 2010 | 33:09 | 2024 |
| 9. | Lovisa Sjöholm | 2006 | 33:19 | 2022 |
| 10. | Jennie Johansson | 2001 | 33:98 | 2017 |
| 100m Ryggsimm | | | | |
| 1. | Anna Hällkvist | 1981 | 1:07:18 | 1997 |
| 2. | Anna Nilsson | 1982 | 1:08:36 | 1995 |
| 3. | Therese G Olsson | 1980 | 1:09:09 | 1999 |
| 4. | Tyra Hjorth | 2005 | 1:09:45 | 2021 |
| 5. | Ida Carlsson | 1982 | 1:10:10 | 1997 |
| 6. | Theresia Olin | 1980 | 1:11:54 | 1994 |
| 7. | Gabriella Henriksson | 2000 | 1:12:24 | 2015 |

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|----------------|------------------------|------|---------|------|
| 8. | Lovisa Sjöholm | 2006 | 1:12:92 | 2022 |
| 9. | Annika Brodén | 1971 | 1:13:19 | 1986 |
| 10. | Ann-Caroline Bergholtz | 1991 | 1:13:32 | 2006 |
| 200m Ryggsim | | | | |
| 1. | Anna Hällkvist | 1981 | 2:25:59 | 1999 |
| 2. | Tyra Hjorth | 2005 | 2:27:52 | 2021 |
| 3. | Ida Carlsson | 1982 | 2:30:09 | 1997 |
| 4. | Theresia Olin | 1980 | 2:30:34 | 1995 |
| 5. | Anna Nilsson | 1982 | 2:30:53 | 1996 |
| 6. | Therese G Olsson | 1980 | 2:32:36 | 1997 |
| 7. | Anita Eklund | 1964 | 2:37:80 | 1977 |
| 8. | Anna Johansson | 1968 | 2:38:52 | 1985 |
| 9. | Emma Ströby-Stepan | 2010 | 2:38:78 | 2024 |
| 10. | Anna Lindberg | 1973 | 2:40:09 | 1988 |
| 50m Fjärilsim | | | | |
| 1. | Anna Hällkvist | 1981 | 28:40 | 1999 |
| 2. | Lovisa Sjöholm | 2006 | 29:23 | 2022 |
| 3. | Anna Lindberg | 1973 | 29:30 | 1988 |
| 4. | Helena Wikander | 1979 | 29:79 | 1998 |
| 5. | My Rydgren | 1999 | 29:86 | 2020 |
| 6. | Annika Brodén | 1971 | 30:30 | 1986 |
| 7. | Anna Wernersson | 1981 | 30:61 | 1998 |
| 8. | Emma Nilsson | 1995 | 30:81 | 2011 |
| 9. | Jennie Johansson | 2001 | 30:86 | 2019 |
| 10. | Sussi Johansson | 1982 | 31:40 | 2020 |
| 100m Fjärilsim | | | | |
| 1. | Anna Hällkvist | 1981 | 1:03:85 | 1998 |
| 2. | Anna Lindberg | 1973 | 1:04:02 | 1988 |
| 3. | Lovisa Sjöholm | 2006 | 1:05:28 | 2022 |
| 4. | Helena Wikander | 1979 | 1:05:37 | 1998 |

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|----------------|----------------------|------|---------|------|
| 5. | Inga-Lena Adell | 1965 | 1:06:64 | 1980 |
| 6. | Anna Wernersson | 1981 | 1:07:58 | 1999 |
| 7. | Annika Brodén | 1971 | 1:07:69 | 1987 |
| 8. | Emma Nilsson | 1995 | 1:08:89 | 2011 |
| 9. | Maria Ekberg | 1968 | 1:09:42 | 1985 |
| 10. | Jennie Johansson | 2001 | 1:09:94 | 2019 |
| 200m Fjärilsim | | | | |
| 1. | Inga-Lena Adell | 1965 | 2:23:55 | 1980 |
| 2. | Helena Wikander | 1979 | 2:26:46 | 1998 |
| 3. | Anna Wernersson | 1981 | 2:27:40 | 1998 |
| 4. | Anna Hällkvist | 1981 | 2:27:49 | 1997 |
| 5. | Maria Ekberg | 1968 | 2:29:35 | 1985 |
| 6. | Maria Karlsson | ???? | 2:31:59 | 1988 |
| 7. | Anna Lindberg | 1973 | 2:34:23 | 1988 |
| 8. | Karin Gillenius | 1981 | 2:36:45 | 1997 |
| 9. | Theresia Olin | 1980 | 2:36:50 | 1994 |
| 10. | Kerstin Ekdahl | 1960 | 2:38:75 | 1976 |
| 100m Medley | | | | |
| 1. | Therese G Olsson | 1980 | 1:07:84 | 1998 |
| 2. | Malin Thulin | 1982 | 1:09:24 | 1999 |
| 3. | Anna Hällkvist | 1981 | 1:09:47 | 1999 |
| 4. | Lovisa Sjöholm | 2006 | 1:10:78 | 2022 |
| 5. | Emma Ströby-Stepan | 2010 | 1:11:29 | 2024 |
| 6. | Gabriella Henriksson | 2000 | 1:11:31 | 2017 |
| 7. | Jennie Johansson | 2001 | 1:11:73 | 2019 |
| 8. | Ida Carlsson | 1982 | 1:11:90 | 1997 |
| 9. | Desireé Nöbbelin | 1991 | 1:12:68 | 2007 |
| 10. | Theresia Olin | 1980 | 1:13:20 | 1995 |
| 200m Medley | | | | |
| 1. | Malin Thulin | 1982 | 2:27:36 | 2000 |

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|-------------|----------------------|------|---------|------|
| 2. | Anna Lindberg | 1973 | 2:28:45 | 1988 |
| 3. | Lovisa Sjöholm | 2006 | 2:29:70 | 2022 |
| 4. | Theresia Olin | 1980 | 2:29:85 | 1994 |
| 5. | Therese G Olsson | 1980 | 2:30:18 | 1998 |
| 6. | Anna Wernersson | 1981 | 2:32:20 | 1998 |
| 7. | Anna Nilsson | 1982 | 2:32:26 | 1997 |
| 8. | Desireé Nöbbelin | 1991 | 2:34:02 | 2006 |
| 9. | Emma Ströby-Stepan | 2010 | 2:34:71 | 2023 |
| 10. | Gabriella Henriksson | 2000 | 2:35:06 | 2016 |
| 400m Medley | | | | |
| 1. | Malin Thulin | 1982 | 5:15:66 | 2000 |
| 2. | Theresia Olin | 1980 | 5:17:49 | 1994 |
| 3. | Therese G Olsson | 1980 | 5:19:58 | 1998 |
| 4. | Anna Wernersson | 1981 | 5:20:95 | 1998 |
| 5. | Kerstin Ekdahl | 1960 | 5:26:68 | 1975 |
| 6. | Lovisa Sjöholm | 2006 | 5:27:32 | 2021 |
| 7. | Emma Ströby-Stepan | 2010 | 5:27:37 | 2023 |
| 8. | Anna Johansson | 1968 | 5:30:51 | 1984 |
| 9. | Ida Carlsson | 1982 | 5:30:79 | 1996 |
| 10. | Anna Lindberg | 1973 | 5:31:70 | 1986 |